



## Identifying barriers and catalysts to fostering pro-environmental behavior: Opportunities and challenges for community psychology

**Author(s):** Quimby CC, Angelique H  
**Year:** 2011  
**Journal:** American Journal of Community Psychology. 47 (4-Mar): 388-396

### Abstract:

In this paper, we report on an exploratory study of perceived barriers and catalysts to increasing pro-environmental behavior among people associated with the environmental movement. Perceived barriers include time, money, low efficacy and hopelessness. Catalysts focus on changing social norms, especially through education and institutional support. We discuss the tragedy of the commons and free-riding as impediments to change. We use this study as an entryway to hypothesize opportunities and challenges that community psychologists face in motivating and supporting actions to reduce the impact of global climate change. We provide examples of how community psychologists can foster these changes. In short, we argue that community psychology is well positioned to take a leading role in the fight for a carbon neutral future.

**Source:** <http://dx.doi.org/10.1007/s10464-010-9389-7>

### Resource Description

#### Communication: ☒

resource focus on research or methods on how to communicate or frame issues on climate change; surveys of attitudes, knowledge, beliefs about climate change

A focus of content

#### Communication Audience: ☒

audience to whom the resource is directed

Public

#### Exposure : ☒

weather or climate related pathway by which climate change affects health

Unspecified Exposure

#### Geographic Feature: ☒

resource focuses on specific type of geography

None or Unspecified

# Climate Change and Human Health Literature Portal

## **Geographic Location:**

resource focuses on specific location

United States

## **Health Impact:**

specification of health effect or disease related to climate change exposure

Health Outcome Unspecified

## **Mitigation/Adaptation:**

mitigation or adaptation strategy is a focus of resource

Mitigation

## **Resource Type:**

format or standard characteristic of resource

Research Article, Research Article

## **Timescale:**

time period studied

Time Scale Unspecified